

FIELD HOCKEY (18.6)

Field Hockey Canada Rules will be used unless special playing rules are put forth by SSNB. In this case the SSNB rules will take precedence over any other rules.

Special Provisions:

1. A team shall be limited to 20 games (including all exhibition, controlled scrimmage, tournament and league play). All games in the regionals and provincials shall not be counted in the 20 game limit.
2. All games shall consist of four (4) fifteen (15) minute quarters.
3. Time during quarters is running except in the case of injury or goalkeeper substitution, including in the event a penalty corner or penalty stroke is awarded.
4. Each team is allowed one (1) time one-minute time out per game.
5. Teams may dress an unlimited number of players and must identify a field captain.
6. The wearing of mouth guards is compulsory for all players and the wearing of shin guards is compulsory for all field players. Any player found in the game without the required equipment shall be suspended from the game (without substitution) until a mouth guard and/or shin guards are secured.
7. In addition to the minimum goalkeeper equipment requirements from the applicable RULES OF HOCKEY, goalkeepers must also wear body, upper arm, elbow, hand, thigh protection and a mouthguard.
8. For safety reasons, SSNB strongly recommends following the Rules of Hockey: Field players are required to wear a smooth preferably transparent or single coloured face mask or metal grill face mask, which follows the contours of the face, when defending a penalty corner or penalty stroke. Players should remove their penalty corner equipment as soon as they are able to do so after the penalty corner is completed. If no suitable opportunity to remove equipment arises, they can continue to wear it whilst they are within the 23m area without penalty. All players must remove all protective equipment before they leave the 23m area or when instructed to by the umpire; the primary objective of wearing a face mask to defend a penalty corner is safety; wearing of face masks which are consistent with the underlying spirit of this guidance should be allowed.
9. All names of players and coaches ejected from a game must be reported to the school principal. Players and coaches ejected from a game shall be suspended from the remainder of the game and the next scheduled game (exhibition, conference, regional or provincial). If the ejection takes place during a semi-final regional or provincial event, the player(s) or coach(es) is suspended from the final of that event.
10. All league standings will follow the SSNB operating regulation: 3 pts. for a win, 1 pt. for a tie and 0 pts. for a loss.
11. In Regional league play (interlocking), the top two teams based on league standings would advance to the Provincials.
12. The SSNB Championships will be held on the last Saturday in October. It is required that turf fields be used for the championship event. Entry Fees and admission fees must be charged, please refer to O.R. 5. Regional and Provincial games which result in a tie will move to a 10-minute overtime sudden death period. If overtime ends in a tie, there will be a shootout following FIH rules.

Saturday's recommended schedule: (to be approved by SSNB)

Game One: 10 A.M. Host Region #1 vs Guest Region #2

Game Two: 12:00 P.M. Guest Region #1 vs Host Region #2

Championship Game: 3:00 P.M.

If two fields are used:

Game One and Game Two at 10 A.M.

Championship Game: 2:00 P.M.